

Nature Based - Small Group

LENNOX HEAD

MICRO-ADVENTURE



Hiking &



Cultural



Adventures



WHEN:

13 - 15 August 2021

WHERE:

Lennox Heads
NSW

WHAT:

Hiking, Stand Up Paddle
Boarding, Art Gallery



Friday, 13 Aug 2021
Tweed Art Gallery



Day 1

Let the fun begin!

Meet in Toowoomba mid-morning and let the fun begin! Hop onboard the private transport, sit back and relax as we head to the coast.

One of our favourite places to visit is the The Tweed Regional Gallery & Margaret Olley Art Centre.

The Margaret Olley Art Centre (MOAC) celebrates the career, life and legacy of Margaret Olley, Australia's most celebrated painter of still life and interiors. MOAC combines exhibitions, interactives and the permanent re-creation of areas of Olley's famous home studio. Above is the final painting Olley didn't get to finish before her death in 2008.

There is a delightful cafe on site with stunning views over the countryside. A great place to have lunch (own expense).

From here we'll carry on to Lennox Heads, after checking in it's time for Friday afternoon sundowners and dinner in a local eatery.

O/N Lennox Beach Resort (or similar)



Saturday, 14 Aug 2021
Hike at leisure

Day 2

Walk on the Whale Watching side (approx 20km)

After breakfast those that feel like a hike can join in on a casual 20km hike along the coast. Be sure to bring your binoculars as this is whale watching season.

Today is not about time frames and clock watching, this is about getting back to nature, enjoying the natural surroundings, stopping to smell the roses (or fresh sea air). There'll be time enough stop at a cafe along the way for lunch. There may even be some paddling over fresh water creeks if it's safe to do so.

Let's just chill, get to know your fellow adventures and be in awe of Mother Nature.

If hiking is not for you, feel free to wander around the pretty little town of Lennox Heads, or sit on the beach, or wander down to Lake Ainsworth.

On return to the accommodation after a freshen up it's time to hit the town. We could do cocktails at Shorty's then pizza at Quattro followed by dessert at Shelter, just as a suggestion (all own expense)

O/N Lennox Beach Resort (or similar)



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Sunday, 5 Sept 2021: SUP, Brunswick Heads

Day 3

Stand Up Paddle (SUP) Boarding

Have you ever given SUP a go? If you have you'll know how much fun this is, if you haven't, you'll soon learn!

After breakfast we'll pack up and head to the water where the SUP's will be waiting. Depending on the tides and weather we'll choose a nice calm spot for this adventure. Either Lake Ainsworth or Brunswick River.

We'll finish with a lovely lunch nearby.

The tour ends at 2pm, those returning that require it will have transport back to Toowoomba in our private vehicle. We will be back by 6.00pm

THE DEETS

PRICE INCLUDES

- Small-Group - max 16 (average 12), fully escorted
- All transport starting and ending in Toowoomba if req'd
- Two nights accommodation in an apartment style resort (single, twin/double available)
- Visit to Tweed Regional Art Gallery & Margaret Ollie Exhibition
- Hosted 20km hike with snacks
- Guided stand up paddle boarding 2 hrs

PRICE EXCLUDES:

- All meals
- All expenses of a personal nature
- Travel Insurance

COST PER PERSON

- \$645 twin/double share
- \$695/pp own room