

FIERCE FITNESS TOOWOOMBA

# TASSIE ADVENTURE

11 - 18 JANUARY 2025



**WHEN:**

8 Days

11 - 18 January 2025

**WHERE:**

Launceston to  
Hobart, Tasmania

**WHAT:**

Cradle Mountain,  
Freycinet, Maria Island,  
Bruny Island



## SUMMARY

Tasmania, with its rugged landscapes, pristine wilderness, and unique wildlife, is a captivating destination offering the perfect blend of natural beauty, cultural charm, and a haven for food lovers.

Join us for our Fierce Fitness Tassie Adventure for your chance to experience the highlights that this small island, and islands off the island, offer!

Starting in Launceston and finishing in Hobart we will try out hikes at Cradle Mountain, Freycinet National Park with Wineglass Bay, Maria Island, Bruny Island and Port Arthur. We'll also go on tasting trails (including wine, gin, cheese, chocolate and more), there's an option to view some controversial art at MONA, and top it off with some artisan shopping at the Salamanca Markets. What more could you ask for!

### Day 1 - 11 Jan 2025

Hello Tasmania! We'll arrive in Launceston and meet at our hotel at 6.30pm. We'll go out for our welcome dinner at one of the local restaurants (drinks at own expense)

*O/N Penny Royal Hotel (or similar) (D)*

### Day 2 - 12 Jan 2025

**CRADLE MOUNTAIN:** We hit the road running and head to Cradle Mountain National Park first up. Our main hike begins from Dove Lake with two walking options available. There is the iconic Dove Lake Circuit which is a 6km track, classified as easy and usually takes 2 hours. This is one of the premier walks in Tasmania, the track skirts around Dove Lake and in the shadows of Cradle Mountain.

For the more active, we offer the chance to climb to the loftier heights of Marion's Lookout. This is around 4km but is classified as a medium-grade hike, with some steep sections. Marions Lookout sits at 1200m ASL and provides breathtaking 360-degree views of the surrounding World Heritage wilderness area. If you are up to it, why not do both!

*O/N Penny Royal Hotel (or similar) (B)*

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## Day 3 - 13 Jan 2025

**FREYCINET NATIONAL PARK:** Today we bid farewell to Launceston and head to the east coast and south to Freycinet National Park. Our first port of call has to be the 45min climb up to the Wineglass Bay lookout, one of the most iconic views of Tasmania. From here we will head down to the picture perfect sands of Wineglass Bay beach. Now you have the choice to take the 2.5km walk back to the start, or Hazards Beach's 11km circuit. Make your decision on the day.

Our reward, apart from the sense of achievement, is to stop off at Devil's Corner Winery, to enjoy the magnificent views, wine tasting, wood-fired pizza, fresh seafood, and Oysters from Freycinet Marine Farm. We'll stay in a local hotel tonight.

O/N Eastcoaster Tasmania (or similar) (B)

## Day 4 - 14 Jan 2025

**MARIA ISLAND** We leave the island, off the island nation, for another island; Maria Island. Maria Island has a fascinating history, which our tour guides will share with you as we walk the trails. Many cultures have once been to the island, including the Tyreddeme Aboriginals, Dutch, English, French, and Italians. The island has been home to explorers, whalers, sealers, convicts, fishermen, farmers, and industrialists. It also has the World Heritage listed Darlington Settlement, one of the best examples of Probation Convict Settlements in the world. The Darlington convict settlement pre-dates the more widely known Port Arthur.

We enjoy a series of easy-moderate walks exploring the history and the main highlights of the island. Setting out on foot we have 2 main walking trails for the day, covering a total distance of almost 10km including the Fossil Cliffs trail and the Painted Cliffs trail.

From here we take the ferry back to the main island and a very strategically placed fresh fish and chip van innocently sits awaiting our patronage. It's just another reward for our efforts! Then off to Hobart for the night.

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## Day 5 - 15 Jan 2025

**PORT ARTHUR:** Start the day early in Hobart for an action-packed trip to the breathtaking Tasman Peninsula with remarkable history and Australia's highest sea cliffs. Enjoy panoramic views from Pirates Bay Lookout, hear fascinating stories, and embark on a 2 km "Great Short Walk" with stunning rock formations.

We'll have about 4 hours to visit Port Arthur Historic Site. Your entry ticket includes a complimentary Harbour Cruise around the Isle of the Dead, and site talks throughout the day led by Port Arthur's expert guides. We'll return to Hobart via historic Richmond for a photo opportunity by the famous convict built bridge.

## Day 6 - 16 Jan 2025

**BRUNY ISLAND:** Sit back on a guided day tour as you discover the culinary delights of Bruny Island. Your guide will take you to meet some of the many local producers of world-renowned items such as cheese, chocolate and honey. We will also get to climb the 279 steps to The Neck lookout over the isthmus. Return to Hobart late afternoon. Maybe an early night may be a good idea or . . . not!

## Day 7 - 17 Jan 2025

If you joined us for our Whitsunday adventure (or even if you missed out) then you are going to love our tall ship expedition. A beautiful tall ship, steeped in history is our mode of transport for today, as we sit back, or perhaps lend a hand as we sail the seas from Hobart. Just have all your fingers crossed for calm seas!

This afternoon is your free time to explore Hobart. Wander the streets and laneways of Battery Point, check out the shops and cafes or take the ferry to the controversial MONA (Museum of Old and New Art) to see what all the fuss is about.

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## Day 8 - 18 Jan 2025

**SALAMANCA MARKETS:** The Salamanca Market is one of Tasmania's most visited tourist attractions and has won many awards for excellence. Tasmania's biggest selection of locally made products can be explored here. Wander down to the markets any time (they start at 8.30am). Be back at the accommodation by midday for transfer to the airport with the group for your flight home. Want to stay on and do more? Ask and you shall receive, lots of add-on options available.

### THE DETAILS

#### PRICE INCLUDES

- Private-Group - fully escorted
- Airport transfers with the group to/from airports
- 7 nights hotel accommodation (single, twin/double options)
- Meals included 7B, & 1D
- Transfers to/from and entry to Port Arthur with guided tours
- Guided hike at Cradle Mountain, Freycinet
- Full-day tour of Bruny & Maria Islands
- Sail on tall ship Tall Ship Lady Nelson
- Free morning to explore the Salamanca Markets

#### PRICE EXCLUDES:

- Meals not mentioned in inclusions
- All expenses of a personal nature
- Travel Insurance
- Flights to Launceston/from Hobart

#### COST PER PERSON

- \$3,450/pp twin share

#### OWN ROOM OPTION

- Additional \$700/pp for your own room

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